

Gulfshore Life

# AT HOME

DESIGN | ARCHITECTURE | INSPIRATION



# IT'S ALL IN THE DETAILS

From bold patterns and reflective surfaces to the sum of its parts, home design is influenced by accents, accessories and aesthetic.

BY NANJI THEORET





## MASTERING MINDFULNESS

Interiors emphasizing symmetry, soft colors, clean lines and nature—in artwork and outdoors—connect our brains on a deeper level to a space, evoking a sense of sanctuary, says designer Lisa Kahn of Naples who created this Sand Dollar Award-winning dining room. “The artwork above the sideboard gives the impression of a sacred misty morning in the early dawn. The chandelier’s natural quartz crystal points are known for their harmonizing and balancing properties.”